



LIVING AT HOME SENIOR CARE Newsletter

About LAHSC

Living At Home SeniorCare is a NH State Licensed Home Health Care Provider.

Living at Home SeniorCare was established to help the elderly and disabled remain safe and cared for in the comfort of their own homes. We also provide respite for family members faced with the challenge of caring for elderly loved ones. Finishing our fourth year, we have delivered home care services to over 200 clients.

Home Care services include personal care, homemaking, dementia care, transportation, meal preparation, medication management & more.

For more information about how our services can help provide peace of mind to families and their loved ones, please call 603-546-6060 or visit our website at www.lahseniorcare.com

Staff Additions...

Our Medical Director

Pierre Dionne, MD has agreed to join Living At Home SeniorCare as Medical Director. Dr. Dionne's private practice is Hudson Medical Associates. He is affiliated with St. Joseph's Hospital and has previously served on the Board of Directors for Greenbriar Terrace Nursing Home. Pierre specializes in Family Practice and has great interest in Geriatrics and Sports Medicine. He is the team Doctor for the Nashua Pride and is one of the very few MD's who does house calls! As LAHSC has evolved into caring for clients with recurring skilled nursing visits, Dr. Dionne's reputation and experience will be a tremendous asset to our nurses and clients. As stated by Client Services Director, Theresa Williams, RN, "Having a Medical Director provides our nursing team with peace of mind and will be a benefit to those in the community we serve."



Transportation PLUS

We are pleased to announce our Transportation PLUS. Designed to meet the needs of seniors, Transportation PLUS provides the flexibility to travel at the times and places of your choosing. Licensed, insured, bonded Senior Transportation Specialists provide:

- Assistance transferring in and out of vehicle*
- Transportation to medical appointments, grocery shopping, visits to friends, hair dressers, recreational outings, graduations and more
- Travel up to 1 hour or 50 mile radius from point of pick up
- Assistance with grocery shopping including carrying and putting away groceries
- Pick up of prescription drugs at local pharmacy
- Competitive rates

Our goal is to provide this service with as little as 48-hour notice in Hillsborough County. For details or to schedule a Transportation PLUS specialist, call Living at Home SeniorCare, 546-6060

* May require RN assessment

Testimony Corner

Dear Adele,

...I want to let you know how much it meant to have my folks in good hands while I was gone. I spoke with them every other day and they sounded so well. I went over to Milford on Thursday and my mom was up and running around and even gave ME a cup of tea. This hasn't happened in at least three years. She seems to be so much more alert and lively. I can't thank you enough for the peace of mind I have.

Lucinda Borrone

PS.....I've been struggling for three years trying to find the best solution in the care of my folks—it's hard to believe that I've finally found the right service!

“The Nurses’ Inn.”

Living at Home SeniorCare is pleased to announce our newest service, “**The Nurses’ Inn.**” The Nurses’ Inn is a community outreach designed to assist seniors, their families and caregivers with the medical challenges of aging and care giving. All members of the public, especially seniors and their caregivers are invited to attend. Theresa Williams, RN & Client Services Director for Living at Home Senior Care will provide complimentary blood pressure screening as well as answer questions.

The Nurses’ Inn will be held the first Thursday of every month at Living at Home SeniorCare office located at 10 Northern Blvd. #18, Amherst, NH 03031. The next session will be **May 3, 2007** for 10:00 am to 12:00 pm. Refreshments will be served.

Summertime Respite Care

As the summertime approaches we often have events and vacations to plan. This can make care for a loved one a real challenge. Living at Home SeniorCare wants you to know that we are available to provide **in-home respite care.**

Whether plans include long weekends or an extended vacation away from home, Living at Home SeniorCare can ensure time away is worry free. With advance planning, caregiver coverage can be increased up to 24 hours per day if necessary. It is, however, very important that the need for respite be communicated to us as soon as possible.

If you anticipate needing any respite care coverage for a patient or client, please contact our scheduler, Amberleigh Vertigans.